
A ROOM OF HER OWN

A Case Statement for the Upper Room Recovery Community's
Capital Campaign



What we're doing

Somewhere not far from here, a woman knows she needs to get clean. Maybe she just lost her job. Maybe her addiction drove away everyone who could have supported her. Maybe she is someone you know. Whoever she is, she is going to need help.

Addiction is an incredibly difficult disease to manage, and virtually impossible to manage alone. Yet with opioid addiction well past crisis levels and treated overdoses approaching one per day in St. Joseph County, there is still a dearth of supportive housing programs for women in recovery in our area.

The Upper Room Recovery Community is expanding its housing program to a new building, (cont'd next page)

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Where we've been

The Upper Room Recovery Community began over 25 years ago when the First United Methodist Church of South Bend opened its doors to the homeless men in our community to give them a temporary place to stay.

In ministering to these men, we realized something important: the vast majority of them struggled with some form of addiction.

After a few years of soul searching, research and consideration, the doors opened again and the Upper Room Recovery Community was born. A place of acceptance and hope. A living community offering programming and support for men who are in recovery from addiction or alcoholism.

In 2012 the Upper Room officially incorporated as an independent 501c3 public charity, with the blessing and continued support of our home and parent organization, The First United Methodist Church of South Bend.

which will offer supported recovery housing for women. This capital campaign will fund the renovation of this building, transforming it from an unused law office into a home for up to sixteen women who are recovering from the disease of addiction. Once completed, our program will offer a safe space for women to live and stay, alongside the staff support and medical care that will help them stay sober and build their life free of addiction.



*Want to learn more?
upperroomrecovery.org/capital-campaign*

Why now?

‘Why now?’ is a fair question to ask. The quick answer is that we are finally in a position, as an organization, to do something about this need. The more complex answer breaks down as follows:

- 1. We are facing an epidemic** - This is too big to ignore. While the opioid epidemic is not the only reason we are expanding our program to serve women, the fact that the community need for sober living programs has exploded in recent years was absolutely an influence in this decision.
- 2. We have a solid platform** - We are lucky enough to have an amazing community of supporters. Through their support, grant funding, and program fees, we now have a stable financial base on which to build out this expansion.
- 3. We have more collaborators than ever before** - The growth of inter-organizational networks working together and facilitating cooperation to address addiction in our area—such as PEPSA, INARR, and AARC—have all helped us get a more detailed picture of what recovery services need to be shored up in our local area.



The Build

Renovating a historic building is a big undertaking. The location is perfect, and for a building this old, the structure is in very good shape. Where the rubber hits the road is renovating it from a former law office into a multi-person home. Kitchens need to be installed, bathrooms need to be upgraded, and bedrooms need to be furnished before this old house can become a home.

The total renovation, staff, and architecture costs for phase 1 come to about \$160,000. You can see the cost breakdown to the left.

Stage 1 Breakdown

Architect Design	\$22,500
Staff	\$15,000
Utilities	\$2,500
Insurance	\$3,000
General Conditions	\$7,000
Selective Demolition ...	\$5,000
Carpentry	\$29,000
Insulation & Finishes ..	\$12,500
Flooring	\$4,500
Bathroom Outfitting ...	\$3,000
Plumbing	\$30,000
Heat and A/C	\$5,000
Electrical	\$13,000
Smoke Alarm System ..	\$6,000
Total	\$158,000



Our Plan

To best serve our constituents and our organization, we need to hit the ground running. To make sure we can start meeting this need as soon as possible, our board has approved a bridge loan that will be enough to begin the renovations. We believe this will be the best approach to balance the urgency of the mission and prudent financial management.

Working with Kil Architecture, we have put together a plan to complete the renovations within the first year. In this first phase, we will raise the capital for this expansion while it is being built. In the second year and second phase of the campaign, we will raise the capital to add a handicapped accessible lift to the second floor, putting the capstone on this expansion.



We invite you to help make this supportive home for women's recovery a reality.

Women who are striving to overcome addiction need people to turn to when their recovery hangs in the balance. They need a place where they can live. A place where they can recover, free from all the things that might pull them back down. They need a hand up to climb out of the pit of addiction.

You can offer them that hand.

With your support, the Upper Room Recovery Community will be more open than ever before. We can help the women in our community who are seeking an end to addiction, and we can do it together.

Thank you.

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*You can help women recover from addiction
upperroomrecovery.org/capital-campaign*